

## Community Advisory Council (CAC) Learning Session Recordings

The [Transformation Center](#) is an office with the Oregon Health Authority (OHA) that supports CACs around the state. Over the past five+ years, the Transformation Center has hosted many learning sessions specifically for CAC members. Please see below for links to watch these learning sessions.

### **CAC Meetings that Work** (Recorded in 2017)

CACs have such important work to do and very little time to do it in. Join us to discover ways to improve your CAC meetings so you achieve the engaging, productive experiences you desire. In this webinar, you'll learn how to develop a meaningful agenda that achieves CAC results, encourage participation, facilitate the process to keep things moving in a positive direction, participate effectively & create an action plan to follow through and get exciting things done!

- *Presenter:* Carolyn Waterfall.
- *Duration:* Two hours.
- *Link:* <https://attendee.gotowebinar.com/register/2933276401171705602> (registration required)

### **How to Manage Conflict and Disruptions in Meetings** (Recorded in 2017)

One goal for CAC chairs is to keep meetings positive, productive, safe and on task. Join us to learn some techniques to prevent disruptions and bring meetings back on track when there are agenda items that evoke strong feelings or when participants are challenging. In this session you will learn how to set the stage so good communication happens, the sources of conflicts, how to prevent unnecessary conflicts, how to intervene in conflicts, and how to intervene in individual non-productive behaviors.

- *Presenter:* Carolyn Waterfall.
- *Duration:* One hour.
- *Link:* <https://dashboard.gotowebinar.com/webinar/2491704836245169922> (registration required)

### **CAC 101** (Recorded in 2020)

This presentation provides a brief overview of CAC member roles, and how CACs fit within Oregon's health system. Topics include: Coordinated Care Organizations (CCOs), Community Health Assessments, Community Health Improvement Plans and the social determinants of health.

- *Presenter:* Tom Cogswell, Project Coordinator, OHA Transformation Center.
- *Duration:* 26 minutes.
- *Link:* <https://www.youtube.com/watch?v=SZptRUzwb28>

### **Working with Oregon's Tribes** (Recorded in 2020)

This learning session is an introduction to OHA's government-to-government relationship with Oregon's nine federally recognized tribes and tribal health systems. It includes an overview of cultural responsiveness when working with tribes and developments specific to CCO 2.0 like the tribal liaison requirement, the role of the Tribal Advisory Council and tribal representation on Community Advisory Councils.

- *Presenter:* Julie Johnson, OHA Tribal Affairs Director.
- *Duration:* Two hours.
- *Link:* <https://register.gotowebinar.com/recording/6389704478328561163> (registration required)

### **OHA Medicaid Waiver presentation for CAC members** (Recorded in 2021)

Learn about proposed changes to the Oregon Health Plan through a process called a Medicaid Waiver. One of these changes will focus on how community members and community-based organizations review and direct health equity spending. This may affect the role of CACs, if approved. The changes will address efforts to improve health equity for communities of color and tribal communities.

- *Presenters:* Lori Coyner, Senior Medicaid Policy Advisor, OHA; Chris DeMars, Delivery Systems Innovation Office Interim Director & Transformation Center Director, OHA.
- *Duration:* One hour.
- *Link:* <https://www.youtube.com/watch?v=uzkMsjkgsX0>

### **How CAC members can prioritize health equity** (Recorded in 2021)

In this session, participants will have an opportunity to reflect on the role of health equity in their role as CAC members. In addition, participants will learn about applying a health equity lens as CAC members, and how they can prioritize populations experiencing health disparities.

- *Presenter:* Ignatius Bau, health equity consultant.
- *Duration:* One hour.
- *Link:* <https://www.youtube.com/watch?v=ABZPE41ew5s>

### **Applying an equity lens when reviewing community spending requests** (Recorded in 2022)

Many CAC members have been involved in reviewing community requests for funds that cover social determinants of health and equity. In this session, CAC members will learn how to take a closer look at this process, with the goal of ensuring that community funding decisions are equitable.

- *Presenter:* Niyati Desai, Oregon Community Foundation.
- *Duration:* One hour.
- *Link:* <https://www.youtube.com/watch?v=5Xn9ZuC0j30>

### **Community Health Assessments (CHAs): Making sense of health disparities.** (Recorded in 2022)

CHAs identify key health needs, including health disparities. However, sometimes it is difficult to interpret what the data reflects. In this session, CAC members will have the opportunity to learn strategies for understanding data that reflect health disparities in order to determine which population groups are in greatest need.

- *Presenter:* Lisa Ladendorff, Northeast Oregon Network.
- *Duration:* 75 minutes.
- *Link:* <https://www.youtube.com/watch?v=r9KloelF31Q>

### **Community Health Improvement Plans (CHPs): Evidence-based strategies to address the social determinants of health & equity.** (Recorded in 2022)

CHPs are long-term efforts to address the health needs of the community based on a CHA. In this session, CAC members will learn about evidence-based strategies to address the social determinants of health and equity. Participants will also learn how to culturally adapt CHPs to reach specific communities.

- *Presenter:* Lisa Ladendorff, Northeast Oregon Network.
- *Duration:* 75 minutes.
- *Link:* <https://www.youtube.com/watch?v=wYXCFgMUTyw>